# Community Resource Guide

## Health Department

**Rensselaer County Dept. of Health**  
General Phone: 518-270-2655

### General Info

- **NYS COVID-19 Hotline**  
  Phone: 888-364-3065  
  **NYS COVID-19 Website**  
  **Center for Disease Control and Prevention COVID-19**  
  Website: [www.cdc.gov](http://www.cdc.gov)  
  **World Health Organization COVID-19**  
  Website: [www.who.int](http://www.who.int)

## Legal Aid

**Legal Aid Society of Northeast NY**  
Phone: 800-462-2922  
**NYS Attorney General Labor Bureau**  
Phone: 212-416-8700

## Meal Assistance

**Rensselaer County Aging, Home Delivered Meals**  
Phone: 518-270-2730

**NY Connects (serves older individuals and individuals with disabilities of all ages)**  
Phone: 518-270-2767

**Boys and Girls Club Meal Pick Ups at Troy Housing Authority Complexes**  
- Monday-Saturday 11:30-12:30  
- For youth 18 years old and younger

**The Food Pantries for the Capital District**  
- **Food Pantry:** 518-458-1167  
- **Food Access Referral Line:** 518-458-1167 ext. 108

**School District Availability varies**

## Stay Up-to-Date

Follow Rensselaer County on these social media platforms for current information:  
- [https://www.facebook.com/renselaercounty/](https://www.facebook.com/renselaercounty/)  
- [@RenscoExecutive](https://twitter.com/RenscoExecutive)

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Steven F. McLaughlin, County Executive
TESTING AND RESULTS

U. Albany Test Site - By appointment only
Phone: 888-364-3065

Community Care Latham Test Site
- By appointment only, must be referred by a Community Care provider
Phone: 518-836-3660

Whitney Young Mobile Test Sites
- Various Sites, by appointment only
Phone: 518-465-4771 ext. 3506

Rensselaer Co. Test Result Information
Phone: 518-270-2659 (Mon-Fri, 9-4)

PLASMA DONATIONS

Albany Medical Center
Services: Donors must be recovered from COVID-19 for at least 28 days. Donations will be used for further research.
Phone: 518-262-9340

MEDICAL INFO

If you are concerned that you may have been in contact with someone with COVID-19, or feel you have symptoms of COVID-19, call your primary care provider (PCP).

HEALTH INSURANCE

Healthy Capital District Initiative
Services: Free help applying for insurance
Phone: 518-462-7040

NY State of Health Marketplace
https://nystateofhealth.ny.gov/individual

SUBSTANCE USE SUPPORT

Rensselaer County Recovery Helpline
Phone: 833-467-3123 (9-9, 7 days a week)
Services: Provides substance use information, resources, and linkage to care

Rensselaer County Department of Mental Health Recovery Peer Engagement Specialist
Phone: 518-925-8067 (M-F, 9-5)
Services: Support in finding appropriate services to persons misusing substances and/or who are in recovery.

Naloxone Now
Services: Curbside Narcan delivery
Text "NARCAN" to 21000

Virtual Recovery Meeting
Website: https://unityrecovery.org/digital-recovery-meetings

Virtual Buprenorphine Clinic
Services: Start Buprenorphine therapy
Phone: 212-562-2665

EMOTIONAL SUPPORT

NYS Emotional Support Line
Services: Anxiety Counseling
Phone: 844-863-9314

National Suicide Prevention Lifeline
Services: 24/7 Emotional Support
Phone: 800-273-8255

Mobile Crisis Response Services
Services: 24/7 mental health crisis support
Phone: 518-292-5499

Rensselaer County Department of Mental Health 24/7 Response Line
Services: 24/7 mental health crisis support
Phone: 518-270-2800

Capital District Mental Health Empowerment Project
Services: Peer Emotional Support (M-F, 9-9)
Phone: 518-235-2173

Unity House Domestic Violence Hotline
Services: 24/7 Domestic violence services
Phone: 518-272-2370

YWCA Domestic Violence Hotline
Services: 24/7 Domestic Violence Services
Phone: 518-374-3386

NYS Child Abuse Report Line
Services: Child Abuse Reporting
Phone: 800-342-9720

VIRTUAL SERVICES

NYS Emotional Support Line
Services: Anxiety Counseling
Phone: 844-863-9314

Virtual Recovery Meeting Website: https://unityrecovery.org/digital-recovery-meetings

Virtual Buprenorphine Clinic
Services: Start Buprenorphine therapy
Phone: 212-562-2665

TELEHEALTH

Most health insurance companies are offering telemedicine to reduce in-office visits.

CDPHP: ER Anywhere: 866.372.6994
MVP: myVisitNow®—24/7 Online Doctor Visits
Website: https://myvisitnow.com/landing.htm