

## CLOTHING

Clothing is available at a reduced cost at thrift shops. They will provide clothing free of charge with a referral from any helping agency.

### **Doors of Hope**

4352 Rte 150, W. Sand Lake  
(518)674-4048 M,T,W,F,Sat 9:30-4 Th 9:30-7  
**ReStyle(at Unity House)**  
2431 6th Ave, Troy  
(518)274-2607

MTWF 10-4:30  
Th 10-7

### **My Sister's Closet (YWCA)**

21 First St, Troy  
(518)274-7100 call for appointment

**Gathering Place** 24 Albany Ave, Nassau  
(518)766-4164 T&TH 12-6, W&F 10-4, Sat 10-1

### **Nassau Resource Center**

15 Church St, Nassau  
(518)766-9014 M,T,F 9-12, TH 7pm-8:30pm

### **Circles of Mercy-Catherine's Closet**

11 Washington St, Rensselaer  
(518) 462-0899 M-F 10-2, T 10-5

### **Faith & Love Thrift Store**

85 Washington Ave, Rensselaer  
(518)436-0114 M-Sat 11-4

### **Goodwill**

720 Hoosick Rd, Troy  
(518) 272-8451 M-Sat 9-9 Sun 10-8

### **Salvation Army Family Store**

410 River St, Troy  
(518)272-4901

## HOUSING ASSISTANCE

**Troy Housing Authority** (518)273-3600  
1 Eddys Lane, Troy

### **Home Ownership Possibilities:**

**Affordable Housing Partnership for the  
Capital Region** (518)434-1730

255 Orange St, Albany  
**TRIP** (518)272-8289

415 River St, Troy

### **Home Heating Assistance:**

**H.E.A.P.** (518)270-3935

### **Weatherization Assistance:**

**Commission on Economic Opportunity**  
(518)272-6012

**Housing and Support Services Programs**  
(518)272-1611

## HOTLINES & CRISIS

Sexual Assault & Crime Victims: Hotline (518)271-3257  
Assistance (518)271-3639

Child Abuse Hotline (800)342-3720

Parson's Child & Family Center (518)426-2600

Poison Control (800)222-1222

Domestic Violence (Unity House) (518)272-2370

National Suicide Prevention (800)273-8255

DSS Adult Protective (518)266-7800

National Hunger (866)3-HUNGRY

## SELF HELP & SUPPORT GROUPS

AIDS Council of NENY (518)434-4686

Al-Anon (518)292-0577

Alcoholics Anonymous (518)463-0906

Hudson Mohawk Recovery Center (518)272-3918

Pride Center of the Capital Region (518)462-6138

American Cancer Society Hope Club (518)227-2345

Narcotics Anonymous (888)319-2606

## EMERGENCY SHELTER

**Joseph's House** (365 days a year, 24 hours a day)  
74 Ferry Street, Troy (518)272-2544

## FURNITURE

Furniture will be provided free of charge with a referral  
from a helping agency.

**T.A.U.M. (Troy Area United Ministries)**  
392 2nd St, Troy (518)274-5920 x204

## EMERGENCY: Dial 911

Police, Fire & Paramedics

## United Way: Dial 211

When you need help to access human service  
agencies.

For More Information Go To:  
[www.TheFoodPantries.org](http://www.TheFoodPantries.org)

# Rensselaer County Resource Guide



# 2016

*Where to Find Help When You  
Need It*

Food Pantries for the Capital District, Inc.  
d/b/a The Food Pantries  
Help us feed the hungry  
(518) 458-1167

Updated: June, 2016  
Continuous Updates at  
[www.TheFoodPantries.org](http://www.TheFoodPantries.org)

## **COMMUNITY MEALS**

Community meals are open to the public and everyone is invited to participate.

### **BREAKFAST**

*Monday-Friday* 9:00-11:00 **Bethany @ Unity House**  
2431 6th Ave, Troy  
(518)274-2607

### **LUNCH**

*Monday-Friday* 11:30-1:00 **Bethany @ Unity House**  
2431 6th Ave, Troy  
(518)274-2607

*Thurs & Fri* 12:00-1:00 **Damien Center of Troy**  
392 2nd St, Troy  
(518)274-5920

*Last Sat of Month* 1:00-3:00 **Bethel Baptist Church**  
2165 5th Ave, Troy  
(518)274-4303

*4th Sat of Month* 12:00-3:00 **Faith & Love Fellowship**  
85 Washington Ave, Rensselaer  
(518)436-0114

### **DINNER**

*Mon-Fri* 4:00-5:00 **Salvation Army**  
410 River St, Troy  
(518)272-4901

*Mon* 6:00-7:00 **Damien Center**  
392 2nd St, Troy  
(518)274-5920 x206

*Wed* 4:00-6:00 **Victorious Life Church**  
1838 5th Ave, Troy  
(518)272-4237

*Thurs* 6:00-7:00 **YWCA**  
21 1st St, Troy  
(518)274-7100

*After school during the school year, the Lansingburgh Boys and Girls Clubs has snacks for kids. 3::30. 501 4th Ave. Troy 235-4143*

*Troy Housing Authority has breakfasts and lunches during the summer. 9-2,pm 273-3600 ext. 30*

## **FOOD ASSISTANCE**

Information about the Food Pantry that serves your neighborhood

**Food Pantries for the Capital District**  
(518) 458-1167

**NOEP Food Stamps** eligibility prescreening and application information  
(518) 689-6327

Information about the Women, Infants, and Children's Program (**WIC**)  
**WIC (CEO)** (518) 272-6159

**Capital Roots** (518)274-8685

**Nations Hunger Hotline** (866) 3-HUNGRY

## **SOCIAL SERVICES**

Programs available through Rensselaer County Department of Social Services

**Rensselaer DSS** (518) 270-3935  
General number

**Rensselaer County Health Department** (518) 270-2655  
9am-5pm

**NYS Office Of Health Insurance**  
(Child Health Plus, Family Health Plus)  
800-698-4543 877-934-7587

## **FAMILY/MEDICAL ASSISTANCE**

**Capital District Psychiatric Center** (518) 549-6000  
24 hr Assistance  
75 New Scotland Ave,  
Albany

**Whitney M. Young, Jr. Health Services**  
6 102nd St, Troy (518) 833-6900  
M, T, Th - 8am-6 pm  
W - 8am - 5:30 pm  
F - 8am - 5pm

**Troy Damien Center** (518) 274-5920  
392 2nd St, Troy ext. 206  
(HIV Support)

**Cohoes Family Care/MOMS Program**  
55 Mohawk St, Cohoes (518) 235-7282

**Cancer Services Program** (518) 525-8680  
(Free Cancer Screening)

**Medicaid** (518) 270-3935

## **SENIOR SERVICES**

**Department for the Aging** (518) 270-2730

**EPIC NY** (800) 332-3742  
Senior Prescription Plan

**Home Delivered Meals** (518) 270-2739  
Meal delivery for homebound seniors (60+)

**Alzheimer's Disease Assistance** 800-272-3900

## **LEGAL ASSISTANCE**

**Legal Aid Society** (518) 462-6765  
**NYS Div. of Human Rights** (518) 474-2705  
**The Legal Project** (518) 435-1770

## **OTHER**

**Cornell Cooperative Extension of Rensselaer**  
(518)272-4210

**Social Security** (800) 772-1213

**National Grid Consumer Advocate** (800) 642-4272

**CDTA** (518) 482-8822

**Veterans Services Agency** (518)270-2760

**Domestic Violence Services** (518)272-5917

**Unity Sunshine Program** (518)271-6777  
(child care)