

**The Rensselaer County Department of Unified Family Services - Aging provides assistance to all Rensselaer County residents, 60 years of age and older and their families.**

**Services Include:**

- \* Information and Assistance Service ..270-2730 or 270-2738
- \* Transportation .....270-2734  
8:30 a.m. to Noon
- \* Home Delivered Meals .....270-2739
- \* Congregate Meals .....270-2739
- \* Legal, contact your nearest center.
- \* Expanded In-Home Service.....270-2740  
Program for The Elderly (EISEP)
- \* Supplemental Nutrition.....270-2735  
Assistance Program (SNAP)
- \* Ombudsman Program.....270-2730  
(Nursing Facility Advocate)
- \* SHARE Volunteer Opportunities.....270-2730
- \* Home Energy Assistance Program.....270-2738  
(HEAP)
- \* Caregiver Support Program.....270-2768

**Information & Referrals  
Provided for:**

- ~ Adult Daycare
- ~ Caregivers Support Groups
- ~ Elderly Pharmaceutical Insurance Coverage
- ~ Employment
- ~ Energy
- ~ Food Stamps
- ~ Health Maintenance
- ~ Housing/Rental Assistance
- ~ Income
- ~ Insurance
- ~ Medicaid
- ~ Medicare
- ~ Nursing/Adult Homes
- ~ Social Security
- ~ Supplemental Security Income (SSI)
- ~ Tax Assistance

**R.O.U.S.E. INC.**

The **Rensselaer Organizations United for Senior Endeavors** is a coalition of 39 senior clubs and six senior service centers throughout Rensselaer County. It is an advocacy organization acting as a forum to address the concerns of the elderly. It is an important link between the elderly, lawmakers and the agencies providing services.

**Rural Preservation  
Company. R.P.C.  
*is a component of*  
**R.O.U.S.E.**  
*R.P.C. provides help with:***

- Brookside Housing Units
- ~
- Blooming Grove Senior Housing
- ~
- Nassau Housing Units
- ~
- R.O.U.S.E. at Brunswick
- ~
- Housing Assistance
- ~
- 283-3435**