

# RENSELAER COUNTY'S EVERETT WAGAR SENIOR CENTER IN GRAFTON

Director: Penny Jones  
 President: Betty Jean Kaufmann



2016

For Information: 518-279-3413  
 Kitchen: 518-279-3485

*Calendar Subject to Change*

Monday	Tuesday	Wednesday	Thursday	Friday	Highlights / Details
Transportation available <b>Monday, Wednesday and Friday</b> reserve one day in advance 279-3485			1 9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Bowling/Dominoes  1:00 Stephentown Club	2 *Transportation 9:45 Chair Yoga 11:00 Membership Meeting 1:00 Penny Social Drawing Final Biggest Loser Weigh In	<p style="color: red; font-weight: bold; text-decoration: underline;">Highlights</p> <p><b>Words of Wisdom</b>                      Life is a Song...Sing it                      Life is a game....Play it                      Life is a challenge....Meet it                      Life is a dream....Realize it                      Life is a Sacrifice....Offer it                      Life is love....Enjoy it</p> <p style="color: green; font-weight: bold; text-decoration: underline;">Holiday Event Dates</p> <p style="color: red; font-weight: bold;">Friday Dec. 2, Penny Social</p> <p style="color: green; font-weight: bold;">Friday Dec. 9, Holiday Brunch w/Entertainment</p> <p style="color: red; font-weight: bold;">Saturday Dec. 10, Festival of Trees Open House 1 pm</p> <p style="color: green; font-weight: bold;">Weds. Dec. 14, Cookie Baking Contest</p> <p style="color: red; font-weight: bold;">Friday Dec. 16, Special Dinner w/Entertainment and Free Grab Bag</p> <p style="color: green; font-weight: bold;">Friday Dec. 30 New Years Eve Party w/Entertainment</p> <p style="color: red; font-weight: bold;">Merry Christmas and a Joyful New Year from the Staff</p> <p style="color: green; font-weight: bold; text-decoration: underline;">Penny, Sharon, Perry, Jodie, Connie, John, Marge, and Cynthia</p> <p>Serch a Word Contest due by Dec. 16</p>
5  10:00 Chair Yoga 1:00 Wii Bowling Cards and Games 12:30 Scrapbooking	6  9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Dominoes	7 * Transportation  10:00 Chair Yoga 12:00 Pittstown Christmas Party 1:00 Bingo/Cards/Games	8  9:30 Quilters 9:30 Aerobic Swimming 1:00 Cards/Bowling/Dominoes	9 *Transportation 10:30 Blood Pressure Clinic 11:30 Holiday Brunch 1:00 December Birthday Party 1:30 Cards/Dominoes	
12 *Transportation  10:00 Chair Yoga 1:00 Wii Bowling Cards and Games 12:30 Scrapbooking	13  9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Dominoes 1:00 Chit Chat Group	14 *Transportation Haircuts by Appt 10:00 Chair Yoga 11:00 Eat Smart - Nutrition Presentation 12:30 Cookie Baking Contest 1:00 Bingo/Cards/Games	15 9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Bowling/Dominoes  1:00 Stephentown Club	16 *Transportation  10:00 Chair Yoga 12:00 Special Dinner "Christmas" 12:30 Entertainment	
19  10:00 Chair Yoga 12:30 Scrapbooking 1:00 Cards/Games	20  9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Dominoes	21 * Transportation  10:00 Chair Yoga 1:00 Bingo/Cards/Games	22  9:00 Quilters 9:30 Aerobic Swimming 1:00 Cards/Bowling/Dominoes	23 *Transportation  10:00 Chair Yoga	
26  CENTER CLOSED  	27  9:30 Reiki by Appt 9:30 Aerobic Swimming 1:00 Cards/Dominoes 1:00 Chit Chat Group	28 * Transportation Haircuts by Appt. 10:00 Chair Yoga 1:00 Bingo/Cards/Games	29  9:30 Reiki by Appt. 9:30 Aerobic Swimming 1:00 Cards/Bowling/Dominoes	30  *Transportation  10:00 Chair Yoga 12:00 New Years Eve Party	