

To enhance the lives of individuals with Alzheimer's disease and other dementias

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# caregiver support group

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## **The Alzheimer's Association's Caregiver Support Groups**

are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia.

**Call 518 867 4999, ext. 209 or 1 800 272 3900, or visit us at**

**[www.alz.org/northeasterny](http://www.alz.org/northeasterny)**

- To attend this support group
- To find a support group in another area
- To learn about other Alzheimer's Association programs and services
- To access our services day or night
- To volunteer your time and energy to achieve a world without Alzheimer's disease

**Presented by**

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### **Location:**

**Facility Name** BRUNSWICK LIBRARY  
**Chapter**

**Address** 4118 STATE HIGHWAY 2  
**City, State** BRUNSWICK NY  
**Phone contact** (518) 867-4999, ext. 209

**Alzheimer's Association**

**Northeastern New York**

**Date /Time:**  
1<sup>st</sup> Tuesday of the month at 4:00 p.m.

alzheimer's  association®

the compassion to care, the leadership to conquer