



Rensselaer County
Unified Family Services
Veterans Service Agency
1600 Seventh Avenue
Troy, NY 12180
Phone: (518) 270-2760
FAX: (518) 270-2956
Www.rensco.com

Van Transportation...

- * *Don't drive* and need to get to the VA Medical Center?
- * We offer complimentary van transportation to and from the VAMC for *most morning* medical appointments.

For more information please call (518) 270-2760.



Rensselaer County Veterans Newsletter

Nov./Dec. 2015

KATHLEEN M. JIMINO
County Executive

PETER K. GOEBEL
Director

Veterans Day Events...



JOIN US!!

In a SALUTE to Veterans.

There are several events happening in Rensselaer County to show our appreciation to our Veterans for their sacrifices to preserve both our nation's and our individual freedoms. Please make every effort to join us in recognizing those who served.

On **Sunday, November 8th**, all veterans and their immediately family members are invited to our an-

nual **free breakfast at the Veterans of Lansingburgh, 777 1st Ave., N. Troy, from 8:30 a.m. until 11:30 a.m.** This is a free breakfast sponsored by the Hon. Kathleen M. Jimino, Rensselaer County Executive and the Rensselaer County Veterans Service Agency. There will be a noontime **Medal Presentation Ceremony** where we will present medals to some of our local veterans.

On Veterans Day, **Wednesday, November 11th**, is the annual **Mem-ory Walk** in Troy spon-

sored by the Veterans of Lansingburgh. The walk begins at 9:00 a.m. at the old Troy City Hall near Monument Square Memorial and visits each of Troy's memorials (Korea and Vietnam). The Veterans of Lansingburgh hosts refreshments at their post following this event.

Also on Veterans Day, **Wednesday, November 11th**, Hoffman's Car Wash will be giving free car washes to all veterans and Jiffy Lube will be offering free oil changes.

A Message From Our Director.....

To my fellow Veterans on Veterans Day 2015:

Thank you for your service. We and our brothers and sisters in arms, have been serving our nation for over two hundred and forty years. I appreciate the many sacrifices which have been made during this time. Some have been large and some smaller, but all have helped this nation to endure. Please take advantage of the discounts and offers afforded us as Veterans and let others know that they exist. Help a fellow Veteran who may not be as fortunate as you. Consider joining a group who helps Veterans. There are many close by here.

Remember those Veterans who are not with us any longer. A great way to do this is with the Rensselaer County Honor-A-Deceased Veteran Program. I encourage everyone to help work on this program, especially those who are relatives, neighbors, or members of your Posts. Recall the sacrifices they made, and the lives that they made. Remember them, and honor them.

Thank you again to all of our Veterans and our active service members.

Yours in Patriotism,

Peter

Sand Lake Veterans Day Ceremony Veteran's Dinner And A Show

On Veteran's Day November 11th, at 11:00am a Ceremony will be held to honor our Veterans at The Sand Lake Veteran's Memorial Park. Our honored speaker will be Shari Mantini who was a Flight Nurse with the 32nd Aeromedical Evacuation Group and was deployed to Saudi Arabia in support of Desert Storm. Come and honor "Those Common Men And Women Who Proudly Served Our Country With Uncommon Valor".

The Sand Lake Veterans will be holding a Ziti Dinner on Friday Nov. 13th from 5:30pm to 7:00pm at the Averill Park High School. This delicious Dinner will be in conjunction with a play being presented by the Drama Club. The play starts at 7:00pm and is titled "Ten Klicks South of Whiskey" written by Ryan Smithson who is the author of the book "Ghosts of War". It is an intense play and the students are very excited to pay tribute to the men and women of the military and the struggles they face.

Prices for the dinner will be \$10.00 for adults, \$5.00 for Veterans and \$5.00 for children. Proceeds for the dinner will go to The Sand Lake Veteran's Memorial Park. For the play, donations will be going Soldier's Heart, founded in 2006, it tends the invisible wounds resulting from war and military service. These wounds are now commonly called "PTSD"; during the Civil War, they were known as "Soldier's Heart." Come and have a great time and support a great cause. You need not attend the dinner to see the show.

Robert Carpenter, Commander American Legion
William Glasser, Commander VFW

Burial and Memorial Benefits:

Eligibility...

Veterans discharged from active duty under conditions other than dishonorable and service members who die while on active duty, as well as spouses and dependent children of veterans and active service members, may be eligible for VA burial and memorial benefits. The veteran does not have to pre-decease a spouse or dependent child for them to be eligible.

VA national cemetery directors

verify eligibility for burial in their cemeteries. A copy of the veteran's discharge document that specifies the period (s) of active duty and character of discharge, along with the decedent's death certificate and proof of relationship to the veteran (for eligible family members) are all that are usually needed to determine eligibility.

Benefits include burial in VA National Cemeteries, Headstones and Markers, Presidential Memorial Certificates, burial flags, reimburse-

ment of burial expenses and military funeral honors.

The funeral director and the next of kin make all arrangements for burial. We are, however, always available to assist where needed. Particulars on each of these benefits may be obtained by contacting our office.



Upcoming Events...



Call our office to inquiry about listing your event

November 8th...Free Veterans Day Breakfast at the Veterans of Lansingburgh, 8:30 am-11:30 am, noontime Medal Presentation

November 9th...Honor-A-Deceased Veteran Ceremony-County Legislative Chambers at 8:15 am, *Gerard J. LaBarge, Jr., USMC, Korea*

November 9th...Unlocking Veterans' Potential at the Desmond Hotel in Albany from 9am-11:30 am, call 1-888-752-6292

November 11th...VETERANS DAY— OFFICE CLOSED

November 11th...Veterans Day Memory Walk in Troy, meet at the Old Troy City Hall near Monument Square, 9 a.m. start time

November 11th...Free car wash at Hoffman's Car Wash and free oil change at Jiffy Lube for all veterans at various locations

November 11th...PFC Robert C. Felter ,USMC-KIA-Vietnam, Memorial Bridge Dedication, Spring & Canal Ave., Troy @ 10:00 am

November 11th... Veterans Day and Bridge Dedication Ceremony in the City of Rensselaer at 2pm (Broadway Viaduct Bridge)

November 11th...Free car wash at Hoffman's Car Wash and free oil change at Jiffy Lube for all veterans at various locations

November 14th...Albany Law School's Veterans' Service Day from 9am to 4 pm, please call (207)841-7462 for an appointment

November 15th...Free Veterans Appreciation Lunch at the Brunswick Elks from 12 Noon to 2:00 pm, more info call (518) 237-9367

**HONORING THOSE WHO SERVED
A SALUTE TO VETERANS**



17TH Annual Veterans Breakfast

Sunday, November 8, 2015 8:30 am—11:30 am

Noontime Medal Presentation Ceremony

**Free Breakfast at the Veterans of Lansingburgh
777 1st Avenue, North Troy, New York**

Free To All Veterans & Immediate Family Members

**Welcoming Families Of Those Who Are Serving
And Those Who Have Served In Current Or Past Conflicts**



Sponsored By The
Hon. Kathleen M. Jimino
Rensselaer County Executive
And The
Rensselaer County Veterans
Service Agency

For more information, please
call 270-2760



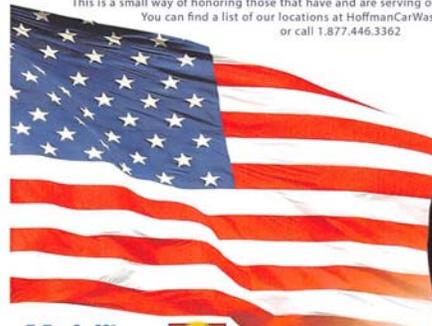
**FREE CAR WASH
& OIL CHANGE**

for

VETERANS & ACTIVE MILITARY

**ONE DAY ONLY - NOV. 11TH
STORES OPEN AT 7AM**

This is a small way of honoring those that have and are serving our country.
You can find a list of our locations at HoffmanCarWash.com
or call 1.877.446.3362



HoffmanCarWash.com/VeteransDay *one oil change per veteran.



VETERANS APPRECIATION LUNCH

Sunday, November 15, 2015

12 Noon to 2:00 p.m.

FREE TO ALL VETERANS & FAMILY MEMBERS

**MENU: Tossed Salad, Penne Pasta with Marinara Sauce, Bowties with Alfredo Sauce,
Meatballs, Sausage and Peppers, Italian Bread**

**BRUNSWICK LODGE OF ELKS #2556
665 BRUNSWICK RD., TROY, NY 12180**

**SPONSORED BY
BRUNSWICK ELKS AND LADDS AUXILIARY**



**For more information or reservations
Please Call 237-9367**

THE AVERILL PARK
OFF-BROADWAY
PLAYERS PRESENT A
WORLD PREMIER OF
RYAN SMITHSON'S

**TEN KLICKS
SOUTH OF
WHISKEY**

A BENEFIT FOR
**SOLDIER'S
heart**

AVERILL
PARK HIGH
SCHOOL
NOVEMBER
13TH - 7PM

VETERANS APPRECIATION LUNCH

Sunday, November 15, 2015
12 Noon to 2:00 p.m.

FREE TO ALL VETERANS & FAMILY MEMBERS

**MENU: Tossed Salad, Penne Pasta with Marinara Sauce, Bowties with Alfredo Sauce,
Meatballs, Sausage and Peppers, Italian Bread**

**BRUNSWICK LODGE OF ELKS #2556
665 BRUNSWICK RD., TROY, NY 12180**

**SPONSORED BY
BRUNSWICK ELKS AND LADDS AUXILIARY**

**For more information or reservations
Please Call 237-9367**

TRICARE For Life. The “Holy Grail” of the Military Health Care System!

Since its inception, TRICARE For Life, or TFL, as it's known, has been a wonderful benefit for those TRICARE-eligible beneficiaries who also have Medicare.

Basic Medicare has a monthly premium (for most), and the program is a cost-share based program, whereby Medicare pays 80 percent of the bill and the beneficiary is left with the remaining 20 percent. With TFL, that remaining 20 percent is “usually” picked up by TRICARE Standard. The caveat here is that the procedure/illness/injury must be a Medicare AND TRICARE-covered procedure/illness/injury. Most of the basic health care scenarios fall into this category. In this scenario, your provider's office bills Medicare (who pays their requisite 80 percent), then turns around and submits the remaining 20 percent to TRICARE Standard for payment! In the event that it's a Medicare covered issue but NOT a TRICARE covered issue, Medicare would cover its 80 percent, but you would be responsible for the remaining 20 percent. Likewise, if it's a TRICARE covered issue but NOT a Medicare covered issue, then the TRICARE Standard rules would apply (deductible plus cost share).

This link will take you to the TRICARE For Life handbook, which will explain this benefit in greater detail:
[Http://www.tricare.mil/mybenefit/Download/Forms/TRICARE For Life Handbook 2011 LoRes.pdf](http://www.tricare.mil/mybenefit/Download/Forms/TRICARE%20For%20Life%20Handbook%202011%20LoRes.pdf)

More information on this plan (and all of your TRICARE benefit) can be found on-line at:
www.TRICARE.mil

Or

By calling Health Net Federal Services at: 1-877-874-2273

Von E. Ahouse, MSgt, USAF (Ret)
Health Benefits Specialist
Martins Point Health Care
125 Wolf Road, Suite 204
Albany, NY 12205
(518) 588-4441
von.ahouse@martinspoint.org
www.martinspoint.org

HONOR-A-DECEASED VETERAN CEREMONY

Every second Monday of the month, Rensselaer County honors a deceased veteran in a very moving and respectful ceremony in the County Legislative Chambers.

If you have a loved one who was a veteran from Rensselaer County and would like to have them honored, please contact the Rensselaer County Veterans Service Agency at 270-2760 for an application.

The following criteria applies to the honorees:

- Must have personal tie to Rensselaer County (born, raised, or resided in);
- Must have been discharged under conditions other than dishonorable and discharge must accompany application;
- Copy of obituary must accompany application;
- May only be honored once;
- Submitted applications must be legible and have a family contact (name, address and telephone number);
- List of all medals, campaigns, and battles;
- Include civilian history (all community services and organizations);
- Be as detailed as possible, the entire ceremony is dedicated to this one particular veteran and it is their life story;
- Completed applications and supporting info must be turned into:

Rensselaer County Veterans Service Agency, 1600 Seventh Avenue, Troy, New York 12180

For an application , please call us at 518-270-2760 or download an application at www.rensco.com