

**Goal 1: Reduce opiate abuse, both illicit and prescribed, in Albany and Rensselaer counties.**

**Objective:** Increase capacity optimization and efficiency of treatment for opiate abuse, as well as knowledge of best practices in prevention and treatment of opiate abuse.

**Strategy 1: Educate the public about the risks of opiate abuse.**

Tactics:

- 1.1 Students will have an opiate abuse module added to their existing substance abuse school-based programs or health classes. By December 2017, high schools in 6 school districts in Albany and Rensselaer Counties will have added an opiate abuse module to their existing substance abuse school-based programs or health classes.
- 1.2 Partners will promote Take Back Drug initiatives in their facilities and community settings, raising awareness of opiate abuse and encouraging people to dispose of their old prescription drugs from their medicine cabinets properly. By December 2017, 75% of partner organizations will promote disposal programs for old prescription drugs.
- 1.3 Advertise Drug Hotlines to increase enforcement, with over 40 signs posted and local newspaper coverage. By December 2017, 25% increase in utilization of Drug Hotlines.

**Strategy 2: Increase PCP knowledge of resources and best practices for opiate use and addiction.**

Tactics:

- 2.1 Develop and distribute a decision tree for providers with referral options, resource documents, and patient educational material for use in response to the I-STOP program. By December 2017, 75% of contacted providers report using decision tree.
  - a. This can include written materials, online education, and in-person sessions for CME.
  - b. Develop a brochure of the signs of prescriptive opiate abuse and the location and phone numbers of Suboxone, methadone, and detox providers.
  - c. Use OASAS resources and CME classes.
  - d. Streamline coordination and case management support to PCPs for relapsing patients.
- 2.2 Train over 200 health professionals annually in motivational interviewing and SBIRT techniques. By December 2017, 200 health professionals annually trained in motivational interviewing and SBIRT techniques.
- 2.3 Discuss prescribing patterns with eligible health care providers, including dental providers who are high-volume opioid prescribers. By December 2017, 50% decrease in opioid prescriptions written in Albany and Rensselaer Counties.
  - e. Offer treatment recommendations for members who are receiving routine opiate prescriptions through telephonic or web-based consultation services.

## Strategy 3: Promote cross-system collaboration to optimize utilization and capacity of addiction services.

### Tactics:

-  3.1 Form a task force to facilitate knowledge of opiate abuse resources and implementation of the Community Health Improvement Plan. By December 2017, 75% of active partners participating in quarterly meetings.
  - a. Provide educational information to CDPHP and Fidelis regarding available opiate abuse treatment resources.
  - b. Encourage the development of ancillary outpatient withdrawal services through task force identification of the location, lead organization and resources needed.
  - c. Identify high areas of need for doctors with X licences, develop outreach materials clarifying the benefits of licensure and recruit doctors for licensure.
-  3.2 Increase the number of individuals referred to non-substance abuse treatment services and low-threshold services (such as syringe exchange, treatment readiness, and harm reduction counseling) by primary care and substance abuse treatment providers by 25%. By December 2017, 25% increase in number of individuals or participating in non-substance abuse treatment services and low-threshold services.
-  3.3 Increase colocation of behavioral health professionals and case managers in primary care offices by 3 practices a year. By December 2017, 3 practices annually will have increased number of behavioral health professionals and/or case managers in primary care offices.
-  3.4 Increase the number of doctors trained and licensed to prescribe medications treating opiate addictions. By December 2017, increase the number of doctors trained and licensed to prescribe medications treating opiate addictions by 24.
  - d. Increase the number of doctors trained and licensed to prescribe Suboxone by 3 doctors per year. By December 2017, 3 doctors per year trained and licensed to prescribe Suboxone.
  - e. Increase the number of doctors who prescribe Vivitrol by 3 doctors per year. By December 2017, 3 doctors per year trained and licensed to prescribe Vivitrol.
-  3.5 Tailor a training curriculum to review opiate addiction resources, including an overdose prevention kit to be given to patients at discharge. By December 2017, training curriculum is updated and delivered to 100 people annually.
  - f. Train 100 individuals annually in the NYS Opioid Overdose Prevention Program. By December 2017, 100 individuals annually trained in NYS Opioid Overdose Prevention Program.
  - g. Pursue legislation to make Naloxone/Narcan have standing status so that it is available over the counter to readily treat an opiate overdose event.

**Goal 2:** Reduce tobacco use in people with mental health needs.

**Objective:** Two mental health clinics in the counties of Albany and Rensselaer will become tobacco free grounds facilities by January 1, 2017.

**Strategy:** Support and promote smoking cessation among staff and consumers of mental health facilities by establishing tobacco free grounds policies.

**Tactics:**

1. Recruit and train staff from multiple mental health facilities on the need, benefits, tools and supports available to reduce smoking on campus.
  - Tobacco Free Coalition to provide guidance, signage, policy development, etc.
  - Cessation Center will train staff on how to help consumers quit, how to help those who choose to smoke to adjust to the new policy, how to cope with push back, and how to help staffs who want to quit smoking.

By December 2017, 2 mental health clinics in Albany and Rensselaer Counties have implemented tobacco free policies or initiatives.